

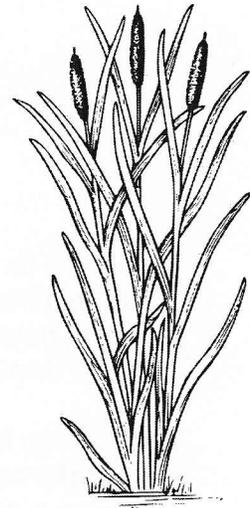
## Wetland Education Field Program

### Student Checklist

Our class is visiting a wetland on:

May 16, 2013

(Date)



#### What I should bring with me:

- Pencil
- Clipboard (*if you have one*)
- Small backpack / daypack
- Snack
- Water** (*drinking water is not available onsite*)
- Ana-kits, inhalers or other medications (*as required*)
- Sturdy footwear (*no light fabric shoes or sandals*)  
\*\*Rubber boots are not recommended as they can damage the wetland edge and are difficult to walk in.
- Extra** socks
- Sweater / Jacket (*no matter how warm it may seem!*)

#### Cool/Cold Days

- Rain Gear (*waterproof jacket / pants or a garbage bag*)
- Extra** sweater / jacket
- Toque / Mitts (*never a bad idea – small and easy to pack*)

#### Warm/Hot Days

- Hat
- Sunscreen

#### Useful Tip...

You will be carrying your backpack for part of the day.  
To save your back, leave books and unnecessary heavy items at school!

# Wetland Education Field Program

## Volunteer Information

Thank you for volunteering! Inside Education staff appreciate your help in ensuring a successful wetland field study. An experienced educator will lead the program, however we value your help in directing and focusing students' attention through the various activities.

Tips to keep in mind:

- 👤 **Interact with all of the students in your group:** Ensure that all students have opportunity to participate in activities.
- 👤 **You are a role model:** Lead by example during the program. Demonstrate care for the natural environment by picking up garbage and staying on the trails.
- 👤 **Be involved:** Listen to directions, ask questions, and take part in activities. In an effort to offer students your full attention, please refrain from bringing younger siblings and pets on the field program.
- 👤 **Don't do the work for the students:** Let students think through a problem on their own before giving them hints or tips. Offer guiding questions such as:
  - ▷ Do you remember when the educator talked about...?
  - ▷ Can you see examples of...?
  - ▷ Why do you think that might have happened?
  - ▷ What evidence do you see?

The outline for the day will be:

|                                       |
|---------------------------------------|
| <b>Arrival &amp; Welcome – 20 min</b> |
| <b>Station Activities – 40 min</b>    |
| <b>Snack/Break – 10 min</b>           |
| <b>Wetland Pond Study – 40 min</b>    |
| <b>Wrap-Up and Departure – 10 min</b> |

\*Note: times are approximately and the schedule may change

**Your help and time are greatly appreciated!**

